



WEST VIRGINIA PARENT TRAINING & INFORMATION

'Bits & Pieces'



Upcoming Training

Kelly Miller
Trainer and Engagement
Specialist Region 2

May 15, 2018
Basic Rights Training
Time: 10 am—2 pm
Chapmanville Public Lib.
Everyone Welcome!

May 17, 2017
Basic Rights Training
Time: 10 am—2pm.
Boone-Madison Public
Library
Everyone Welcome!

May 22, 2018
Basic Rights Training
Time: 11 am—3 pm
Clay County Public Lib.
Everyone Welcome!

Please contact:

Kelly Miller at 304-972-1873 for more information or if you need the training in alternate format. Hope to see you at the trainings!

Summer Activities for Special Needs' Children

As the students are approaching the estimated 80 days of summer, parents are looking for a stable and fun routine for their special needs children. You might be thinking of summer camps but your special needs' child needs a steady routine. An idea from somewhatsimple.com:

Summer Schedule for Kids

Each day of the week has a topic where you complete or do items off a list. The first day of the week is "Safety Sunday" where the parent might:

- 1) Teach your child his/her full name.
- 2) Have your child memorize your home address and show where is house number is located outside.
- 3) Start swimming lessons.
- 4) Practice asking for help with things which are hot, sharp, dangerous or too high to reach.

The next day is "Make Something Monday." You could arrange 5 or 6 photos to make a page in the scrapbook, plant seedlings outdoors, do Bubble Snakes or build a "fairy house" outdoors with sticks, pebbles, pine cores and natural materials outdoors.

"Time to Read" Tuesday is a regular day to visit your local library and check out a book with simple experiments, or illustrate a story, make a home video of your child reading, or read about a topic and then, do an activity with it.

"What's Cooking?" Wednesday is a fun time to do things such as fruit smoothies, No-bake cookies, banana muffins, and food fun.

"Thoughtful Thursday" is a day to do things for others such as call someone to say hello, pick some flowers (dandelions and clovers are ok) to give to a person, donate clothing, teach your child to do one chore, or hug someone who needs a hug.

"Somewhere Fun Friday" is a day to visit places such petting farm, a playground, an art museum or visit a friend. You could go to a waterpark or visit a local playground. This day gives your child to become familiar with his/her community.

The last day of the week will be "Social Skills Saturday" where you and your child may practice listening skills by responding to only with nonverbal communication for 1 minute and build up to 5 minutes. Then, switch the roles. It might making emotional facial expressions on cue with your child. You could play 'Follow the Leader' where you match a leader's actions for as long as possible; then, a new leader is selected. It is a perfect time to develop and build family traditions. You and your child with your entire family will enjoy the summer fun. If you would like to find more activities, visit: <http://www.friendshipcircle.org>



Cited: www.friendshipcircle.org, 2012

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Welcome to our newsletter from WVPTI!

I am happy that families are making contacts with us. We are here to make a positive difference in the lives of toddlers, children and young adults with disabilities and their families. Our head quarters is located in Buckhannon. We invite you to visit us and provide you with timely information or resources. This newsletter is another way we continue to serve you. Please check out of Facebook page for other resources: <https://www.facebook.com/Wvpti/>

Brenda Lamkin,
Executive Director of WVPTI



Pat Elliott, WVPTI for Region 1



Pat Elliott, WV PTI
Trainer for Region 1



Pat Elliott at Stepping
Stones on February 20 in
Morgantown.

Please join Pat for Transition to Adulthood
Round Table on **March 14** at 5:15 to 7 pm Ohio County
Board in Elm Grove 2203 Wheeling, WV. RSVP by
March 9th by calling 304-232-5600.



Pat Elliot (WV PTI Trainer) and
Dept. of Rehab. In Wheeling

News from Kelly Miller



Kelly Miller, Region 2

Kelly Miller has been quite active and willing to talk to
parents about their concerns who have children with spe-
cial needs. Also, WVPTI is looking for volunteers who
would like to help distribute materials in their area.
Please let us know if you would like to volunteer.

Her contact information is:
Kellymiller.wvpti@gmail.com or call 1-304-524-7873 if
you need assistance or requesting information.

Kelly's next training: **March 22** Hamlin Public Library
from 9:30 to 2:00 about IEP Basic Rights and Advocating
for Your Child. Please RSVP her at her number: 304-
524-7873.

Summer Fun Programs' Tips:

- 1) Start early to search for pro-grams and check the prices if they cost.
- 2) Find out what extended pro-grams the school system is providing with federal funds.
- 3) Look at the YMCS who offer financial aid to families in need. Be sure to ask if you need it.
- 4) Ask around. Other parents will be open to tell you what is available.
- 5) Check newspapers for listing of camps or programs. Don't let June roll around without a plan!

Source: Lisa Rudy

News from Julie Dial, Region 3

February was a whirl wind month for Region 3 Trainer Julie
Dial with over one thousand items disseminated to parents,
caregivers and professionals. For Julie, March will be a jam-
packed month full of trainings and expos. On **March 7th** Julie
will be presenting for the Education Matters meet-
ing. Education Matters focuses on dropout prevention and stu-
dent success in the five counties the United Way of the River
Cities serves: Cabell, Lincoln, Mason, and Wayne in West
Virginia; and Lawrence County in Ohio. Education Matters
strives to increase student success and decrease the dropout
rate by working with schools, agencies and nonprofit partners,
government, businesses, and volunteers.



Julie Dial , Region 3



Cited from Quotes.gram



On **March 9th**, she'll be presenting at the Cab-Way Collaborative meeting. The purpose of a Community Collaborative is to share resources and identify service gaps in order to develop needed services with providers, service agencies and the community to ensure a timely, consistent and seamless response to the needs of children and families.

March 14th at 10:00, Julie will be hosting an online webinar, titled: "What are my Basic Rights in the IEP Process, A Parent's Perspective". This webinar is focused on parents and caregivers or professionals who are getting started in the Special Education Process or for anyone who needs a refresher course. The webinar is free. If you are interested in registering for this you may use this link: <https://attendee.gotowebinar.com/register/2712790243629543169> Also, on the **14th**, at **1:00** Julie will be presenting at the **Success by Six meeting**. Success By 6® is a United Way initiative designed to provide every child with the opportunity to develop basic reading skills so that they may enter kindergarten ready to learn.

On **March 24th**, you can find Julie at the One for All Disabilities Expo at Huntington High School. One4All Disability Expo is an annual resource fair offering the community a wide range of information on concerns related to special health care needs. The Expo has successfully served our tri-state of West Virginia, Ohio, and Kentucky since 2007. This is a free resource event. Feel free to stop by and say, "Hi!" to Julie.

West Virginia Assistive Technology System

The West Virginia Assistive Technology System (WVATS) is the designated lead agency that works to enhance the lives of all West Virginia residents with disabilities, including older West Virginians and the families of people with disabilities. You can borrow a device from them at no cost if you need to actually handle



the device to see what it could do for you. There assistive technology devices range from simple to complex such as battery heated gloves, ice grippers for canes and walker or Go Talk 20+ (communication device with 25 cells). For more information, call WVATS toll free 800-841-8436 or check out the website at www.wvats.cedwvu.org. The WVATS devices will help you to improve your access to employment, education, telecommunications and community living.

Did You Know?

Parent Training and Information Centers are found in every state. In fact, they are mandated in IDEA - Part D - Section 671. Family to Family Health Information Centers are also found in every state through the Health Resources Services Administration.

***We are your trusted source for information, resources, and supports when navigating complex systems in raising a child or youth with a disability or special health care \ health care need in West Virginia. ***



**WV Parent Training
Information, Inc.
99 Edmiston Way
Suite 101– 102
Buckhannon, WV
26201**

Ph: 1-304-472-5697

West Virginia Parent Training and Information, Inc. (WVPTI) is a non-profit agency that operates the statewide federally funded Parent Training and Information Center, [Family to Family \(F2F\) Health Information Center](#) and is the [Family Voices](#) State Affiliate Organization for West Virginia.

The programs and services of WVPTI, Inc. are based on the concept of parents helping parents. Our mission is to empower parents of children and youth with disabilities in their roles as parents, decision makers, and advocates for their children and to promote partnerships among parents and professionals.



**WEST VIRGINIA PARENT
TRAINING & INFORMATION**

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Pinterest

[https://
www.pinterest.com/](https://www.pinterest.com/)

Self— Advocacy is our strength!

- Speaking up for yourself,
- Asking for what you need,
- Negotiating for yourself (working with others to reach an agreement that will meet your needs),
- Knowing your rights and responsibilities,
- Using the resources that are available to you,
- Being able to explain your disability either by the use of written words, pictures.
- Being able to explain your disability either by the use of written words, pic-

tures or gestures.

For the full article; <http://>

[www.autismspeaks.org/family-services/tool-kits/
transition-tool-kit/self-advocacy](http://www.autismspeaks.org/family-services/tool-kits/transition-tool-kit/self-advocacy)



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